

PACKAGE LEAFLET: INFORMATION FOR THE USER

SNEEZIX 10 MG TABLETS

cetirizine

Read this entire package leaflet carefully before you start taking this medicine, as it contains important information for you.

- Use this medicine precisely according to the description in this package leaflet.
- Keep this leaflet. You may need to read it again.
- You have any further questions or require advice, ask your pharmacist.
- Please contact a doctor if your symptoms worsen or are not alleviated within 3 days
- If you notice any adverse reactions, tell your doctor or pharmacist. This also applies to any adverse reactions not listed in this leaflet.

In this leaflet:

1. What is Sneezix and what is it used for
2. What must you know before taking Sneezix tablets
3. How Sneezix tablets are used
4. Possible adverse reactions
5. How to store Sneezix tablets
6. Package contents and further information

1. What is Sneezix and what is it used for

The active substance of Sneezix is cetirizine. Sneezix is an allergy medicine. Cetirizine is used for the treatment and prevention of allergic symptoms in adults and in children of at least 6 years of age. These symptoms include:

- allergic rhinitis (congested or runny nose,

itching, and sneezing),

- allergic eye symptoms (redness, watering, and itching of the eyes),
- allergic urticarial.

2. What must you know before taking Sneezix tablets

Do not use Sneezix tablets:

- if you are allergic to cetirizine or other ingredients of the Sneezix tablets (see Section 6 of the package leaflet)
- if you are sensitive to hydroxyzine or piperazine derivatives (substances related to the active substance in this medicinal product)
- if you have severe renal insufficiency

Warnings and precautions

Discuss with a doctor or pharmacist before you take Sneezix:

- if you have renal insufficiency
- if you have epilepsy or a predisposition to convulsions, consult your doctor before taking this medicine
- if you are going to an allergy test, do not take this medicine for three days prior to the test

Children

Do not give this medicine to a child less than 6 years of age, since the tablet form precludes the necessary changes to the dose.

Other medicinal products and Sneezix

Tell your doctor or pharmacist if you are using or have used or might use other medicinal products.

Cetirizine is not expected to have interactions.

Pregnancy and breast-feeding

If you are pregnant or breast-feeding, or you suspect you are pregnant, consult your doctor or pharmacist before using this medicine.

Driving and using machines

Sneezix does not usually have any detrimental effect on alertness or performance. For some patients, Sneezix may cause drowsiness or other adverse effects that reduce performance (see Section 4 of the package leaflet). If this is the case with you, you should avoid driving and other tasks requiring alertness.

3. How Sneezix tablets are used

Take the tablets with a sufficient amount of fluid (for example, a glass of water).

Adults and children over 12 years of age:

1 tablet once a day.

Children 6-12 years old:

½ tablet 1-2 times a day.

Duration of treatment

The duration of treatment depends on the nature, duration and progress of your symptoms. Your doctor determines the length of treatment.

If you take more Sneezix tablets than you should

If you have taken a dose that is too large, or your child has accidentally taken the medicine, always contact your doctor, a hospital, or a pharmacy for a risk assessment and further instructions.

After an overdose, the following adverse reactions might occur stronger than usual: confusion, diarrhoea, dizziness, tiredness, headache, poor general condition, mydriasis, itching, restlessness, tranquilising effect of the medicine, drowsiness, grogginess, abnormally fast heart rate, tremor and urinary retention.

4. Possible adverse reactions

Like all medicines, Sneezix can cause adverse reactions, although not everybody gets them.

Common adverse reactions (1-10 patients out of one hundred):

- drowsiness or exhaustion
- dizziness or headache
- diarrhoea, nausea, dry mouth

Uncommon adverse reactions (1-10 patients in one thousand):

- restlessness
- stomachache
- weakness

Rare adverse reactions (1-10 patients in ten thousand):

- low spirits or sleeplessness
- convulsions
- rapid heartbeat
- swelling

Reporting adverse reactions

If you notice any adverse reactions, tell your doctor or pharmacist. This also applies to all adverse reactions not listed in this leaflet. You can also report adverse reactions directly (please see the contact information below). By reporting adverse reactions, you can help in increasing our awareness of the safety of this medicinal product.

website: www.fimea.fi
Finnish Medicines Agency Fimea
Adverse drug reaction database
PL 55
FI-00034 FIMEA, Finland

5. How to store Sneezix tablets

Keep out of the sight and reach of children.

Do not store above 30 °C.

Do not use this medicine after the expiry date stated on the package (Use by or EXP). The expiry date means the last day of the month.

Medicines should not be disposed of via waste water or household waste. Ask your pharmacist how to dispose of medicines no longer required. These measures will help to protect the environment.

6. Package contents and further information

What Sneezix tablets contain

The active substance is cetirizine. One tablet contains 10 mg of cetirizine.

The other ingredients are lactose monohydrate, microcrystalline cellulose, maize starch, and magnesium stearate.

Description of the medicinal product and package sizes

Sneezix 10 mg is a white or near-white, oval and biconvex tablet, the length of which is around 8 mm. There is a splitting groove on one side of the tablet.

Package sizes: 10 or 30 tablets in a blister package.

All package sizes are not necessarily for sale.

Marketing authorisation holder and manufacturer

Medicine Factory Ltd
Tablet Road 1
12345 Medville
Finland

This package leaflet was last approved on 14.12.2021

This package leaflet has been adapted from the leaflets of products containing cetirizine. Actual package leaflets are more extensive and detailed.